

Thomas F. Holoavcs, MD

Dear Patient:

You have been scheduled for shoulder surgery with Dr. Thomas Holoavcs at the Massachusetts General Hospital in Waltham.

In order to finalize your surgery, the following steps must be completed within the specific time frame outlined below.

You must see your primary care doctor and any specialist who is involved with your care for medical clearance. All labs, including blood work must be done within the 90-day window before your procedure. You must have an EKG that is no more than 6 months old on the day of your surgery. If your medical care is outside of the Mass General Brigham system, your results must be faxed by your doctor to our office at 617-726-0620.

Required check list for surgery

- Medical **clearance from your primary care** doctor
 - **CBC and BMP** within the 90 days prior to your procedure – ordered by PCP
 - **EKG** no more than 6 months old on the day of your procedure – ordered by PCP or cardiology
- Medical **clearance from your cardiologist** and/or other relevant specialists
- MRSA/MSSA test within the 90 days** prior to your procedure (only at MGH facility)
- Recent x-ray of your shoulder (within 1 year)
- Pre-op Anesthesia phone call (PATA) after labs, EKG and clearances are complete
- Pre-op appointment
 - Scheduled with Kendra or Dr. Holoavcs after labs, EKG and clearances are complete
- Post-op appointment
 - This appointment will be scheduled in-person with Kendra 1-2 weeks after surgery. we will obtain x-rays at this visit

For more information about your specific procedure, please visit our website at <http://www.shoulderwork.com>. You may also call our office at 617-726-0298 with any questions or concerns you might have about your surgery.

Thank you.